





## International Women's Day Inspiring Hope Through Her Stories





### **International Women's Day Celebration (8 March 2025)**

Honouring the strength, resilience, and achievements of women this International Women's Day

Held on

9.00 a.m to 1.00 pm ECE Seminar Hall, ECE Department RV College of Engineering, Bengaluru

# International Women's Day Inspiring Hope Through Her Stories

The function commenced at 9:30 AM (08 March 2025) in the Electronics and Communication Seminar Hall. Nearly 200 women, including faculty, technical staff, office staff, and students from RVCE, along with participants from surrounding primary and middle schools, took part in the event. Additionally, many male participants were also in attendance.





Department of Information Science Undergraduate students Mrs. Tanisha Dey and Mrs. Spandana K N efficiently conducted the master of ceremonies for the function. They provided a clear introduction to the significance of International Women's Day and formally introduced all the guests to the esteemed audience.

An invocation song dedicated to **Goddess Saraswathi**, the deity of wisdom and learning, surely added a serene and spiritual essence to the event. **Dr. Suma Manjunatha, Professor, Department of Mathematics,** inaugurated the **International Women's Day** function with a heartfelt invocation, seeking divine blessings for its successful execution, setting a tone of enlightenment and inspiration for the occasion.





The ceremony commenced with the Dr. K N subramanya, Principal, Dr. K S Geetha, Vice Principal, Ms. Parvathi N, Chief Guest, Dr. Uma, Dr. Sreelakshmi, Dr. Renukadevi, Mrs. Kavitha Shah, Usha Rani, and some girl students lighting the ceremonial lamp, symbolizing wisdom, enlightenment, and positivity. This auspicious beginning set an inspiring tone for the event,

celebrating the achievements and contributions of women in various fields. The warm and dignified inauguration highlighted the significance of **International Women's Day**, fostering empowerment and recognition.

**Professor Usharani** delivered an insightful address highlighting the significance of International Women's Day and its relevance today. She warmly welcomed all distinguished guests, including the Principal, Vice Principal, Deans, Heads of Departments, faculty members, non-teaching staff, and students of RV College of Engineering. In addition, she extended a

special welcome to students from neighbouring primary and middle schools who attended the function along with their teachers. During her speech, Professor Usharani emphasized that International Women's Day, celebrated annually on March 8, is a global event that honours the achievements of women in various fields, including education, science, technology, business, and social



welfare. She highlighted how this day serves as a powerful reminder of the struggles women have faced in their journey toward equality and the progress that has been made over the years. She also stressed the importance of empowerment, equal opportunities, and breaking gender barriers in education and professional fields. Furthermore, she acknowledged the contributions of women in shaping society and encouraged young students to embrace their ambitions with confidence. Her speech set an inspiring tone for the event, reinforcing the importance of celebrating women's resilience, achievements, and their role in driving sustainable progress.

**Dr. K S Geetha, Vice Principal of RVCE,** delivered an insightful speech **on** women's aspirations for education, gender equality, and equal opportunities at RVCE. She emphasized that education is the most powerful tool for women's empowerment, enabling them to break barriers and achieve their full potential. She highlighted how historically, women faced societal restrictions that limited their access to education, but today, institutions like RVCE are

committed to providing a supportive and inclusive environment for women to excel in engineering and technology. Dr. Geetha discussed the importance of gender equality, stating that equal access to education and opportunities is essential for societal progress. She praised RVCE for fostering a culture of inclusivity, where women students, faculty, and staff are encouraged to participate in leadership



roles, research, and technical advancements. She also highlighted various initiatives at RVCE that support women, including mentorship programs, scholarships, and networking platforms. She concluded by urging students and faculty to work collectively towards creating an equitable academic and professional environment, ensuring that women receive the same recognition, respect, and career prospects as their male counterparts. Her speech inspired the audience to strive for excellence and contribute meaningfully to society.

Ms. Parvathi N, Principal of Government School, Kallanakuppe, graced the occasion as the chief guest and delivered an inspiring speech on the history of women's empowerment in India and the role of women leaders in contemporary society. She began by reflecting on the struggles of Indian women during the freedom movement, emphasizing their courage, resilience, and



determination to secure independence and equal rights. She highlighted notable freedom fighters such as Rani Lakshmibai of Jhansi, who fiercely led her army against British rule in 1857, Janshi Lakshmi and Onake Obavva other fought against the enemies. Sarojini Naidu, who played a pivotal role in the Civil Disobedience Movement and became India's first female governor, and Aruna Asaf Ali, known for her leadership in the Quit India Movement of 1942. Ms. Parvathi also discussed the transformation of women's roles in modern India, citing examples of Kiran Bedi, India's first female IPS officer, who revolutionized policing and prison reforms; Kalpana Chawla, who broke barriers in space exploration; and Dr. Tessy Thomas, known as the "Missile Woman of India" for her contributions to defence technology. She concluded by urging young girls to dream big, embrace leadership roles, and contribute to nation-building, reinforcing that women are key drivers of social and economic progress.

**Dr. K. N. Subramanya, Principal of RVCE,** delivered a presidential address emphasizing the crucial role of mothers in nation-building. He highlighted that mothers shape the future of society by nurturing, educating, and instilling values in their children. He stressed that a strong nation is built on the foundation of well-raised, educated, and responsible individuals, and mothers play a pivotal role in this process. To illustrate the profound impact of mothers, Dr.

Subramanya shared the inspiring story of Thomas Edison. He recounted how Edison, one of the greatest inventors, was once dismissed from school for being "unteachable". However, his mother, Nanc y Edison, refused to accept this judgment. She took it upon herself to educate him at home, nurturing his curiosity and encouraging him to learn independently. Her unwavering belief in his potential led him to become one of history's most remarkable



innovators, with inventions like the electric bulb and phonograph revolutionizing the world. Dr. Subramanya emphasized that mothers not only provide care but also instill resilience, creativity, and confidence in their children. He encouraged the audience to recognize and appreciate the sacrifices and contributions of mothers, acknowledging that empowering women ultimately strengthens the entire nation.



On the occasion of International Women's Day, Dr. B. V. Uma, Professor in the Department of Electronics and Communication, was felicitation for her remarkable contributions to teaching, research, and societal development through NGO and industrial CSR funds. She played a pivotal role in mentoring and guiding thousands of engineering students in successfully completing their activity points.

Her unwavering dedication and commitment have left a lasting impact on both academia and the broader community. Through her efforts, she has empowered students and contributed significantly to education and social initiatives, making her a true inspiration for aspiring engineers and researchers.

Similarly, Ms. Chandrakala, N, Clerk, Dept of E&C, was recognized for her long-standing service and invaluable contributions to the institution and department. Her dedication and efforts over the years have played a vital role in the institution's growth and success. These felicitation ceremonies served as a token of appreciation for her hard work, perseverance, and remarkable achievements, inspiring others to strive for excellence in their respective fields.



On the occasion of **International Women's Day**, the team distributed **laptop bags** to the **best-performing girl students** from rural primary and high schools as a token of encouragement and recognition for their achievements.

The beneficiaries included students from the following schools:













- 1. Bharath Matha Vidyamandir (HM: 9743019800)
  - o **Students:** Januaha D, Sushmitha K A, Chaithanya R, Niveditha B, Jhansi M.
- 2. Sri Maruthi High School (HM Ravikala: 9964400901)
  - o **Students:** Manasa S, Shreya G, Ganavi, Shwetha C, Lakshmi S M.
- 3. Dayananda High School (Kannada Medium) (HM Malathi, 9449505139)
  - o **Students:** Ankitha R, Sangeetha M, Bhoomika K, Ramya N, Lohith P.
- 4. **JSS High School** (HM Contact: **9481776084**)
  - o **Students:** Rajeshwari, Hemashree, Thanu H, Anushree G, Lakshmi M S.
- 5. Kengeri High School (HM Anupama, 9449015495)

- o **Students:** Naziya, Kashamma, Deeksha A, Aishwarya, Nikhitha.
- 6. Kumbalagod Government School
  - o Students: Pooja, Priya A, Lakshmi C K, Yashoda, Bhagya M.
- 7. PCME Government PU College For Girls, Basavanagudi
  - o Students: Shwetha PL, Geetha, Bhoomika.

This initiative aimed to motivate young girls to excel in academics and build a brighter future.

Prof. Sahana delivered the vote of thanks, expressing gratitude to the Chief Guest, Ms. N. Paravathi, and Ms. Sunitha Ravi, Yoga Teacher, for their valuable presence and contributions. She also extended her heartfelt appreciation to the Principal, Vice Principal, Deans, HoDs, faculty members, and students for their enthusiastic participation in the event.





Additionally, she acknowledged Ms. Kavitha Saha from Quick Learn for sponsoring the program, highlighting the importance of such support in making the event successful. Prof. Sahana also conveyed her sincere thanks to RSST, Major Raghavendra, and other dignitaries for their continuous encouragement and assistance. Her speech emphasized the collective efforts that made the International

Women's Day celebration a memorable and impactful event, inspiring further commitment to women's empowerment and education.

After the first session, a **high tea** was arranged for all participants and guests, featuring a delightful spread of **cake**, **bonda**, **chips**, **and tea/coffee**. The refreshments were generously **sponsored** by **Dr. Shanmukha Nagaraj**, **Dr. Ramakanth Kumar**, **Dr. Radhakrishna**, **Dr. Rajeshwar Rao**, **Dr. Satish Babu**, **Dr. Supreeth**, **and Dr. B. M. Sagar**. The event organizers ensured that the food maintained **high standards of quality and hygiene**, providing a pleasant and refreshing break for attendees. This thoughtful arrangement added to the warmth of the gathering, fostering interactions and enhancing the overall experience of the **International Women's Day** celebration.

After the high tea break, the International Women's Day committee took the initiative to identify and support needy women by distributing sarees to over 65 recipients as a gesture of appreciation. At RVCE, 65 women workers are engaged in housekeeping, playing a crucial role in maintaining cleanliness and hygiene across the campus. Their dedicated efforts ensure that roads, parks, classrooms, restrooms, hostels, and the canteen remain well-maintained and conducive to a healthy environment. In recognition of their hard work, dedication, and invaluable contributions, the International Women's Day committee honored these women by presenting them with sarees, symbolizing gratitude and respect. This thoughtful initiative aimed to not only acknowledge their relentless efforts but also uplift and empower them. The event fostered a sense of community and appreciation, reinforcing the

importance of **inclusivity and recognition** in every sphere of life, making the **International Women's Day** celebration truly meaningful.



The next event, organized by Women in Cloud Insider Circle, a student team under the Women in Could Center of Excellence, India. Ms. Nithyasree Subramanian, Nidhi Kulkarni, Prarthana Kulkarni, Nikita S Raj Kapini and Nitya P Mohare focused on Women Achievers in Science and Engineering for both teaching and technical staff. The session highlighted the remarkable contributions of women in these fields, inspiring attendees with their achievements. An interactive quiz session was conducted to engage participants, where those who provided the correct answers were rewarded with chocolates. This fun and educational activity encouraged learning and appreciation for women's contributions in various fields. The event created an engaging atmosphere, fostering awareness and celebrating the achievements of women in several domains including science, art, sports and culture.









The **final event** of the International Women's Day celebration featured a **Yoga practice session** conducted by **Ms. Sunitha Ravi**, a renowned **Yoga teacher**, from **12:00 noon to 1:00 pm**. She commenced the session by explaining the **significance of Yoga for working women**, emphasizing its role in managing **physical and mental stress** while ensuring the **well-being of their families**.









The session focused on achieving a balanced state of mind and body, promoting physical health, mental relaxation, and overall well-being. Participants actively engaged in chair Yoga, breathing exercises, stretching techniques, and mindfulness practices, which helped

them understand the importance of Yoga in reducing stress, enhancing concentration, and improving overall health. Ms. Sunitha Ravi highlighted that regular Yoga practice fosters inner peace, strengthens the body, and improves mental clarity, making it an essential tool for personal and professional growth. The session was well received, with participants appreciating the therapeutic and rejuvenating effects of Yoga. As a token of appreciation, a memento was presented to Ms. Sunitha Ravi, acknowledging her valuable contribution in promoting health and wellness through Yoga. The event reinforced the importance of Yoga in achieving a balanced, stress-free, and healthy lifestyle.

The International Women's Day celebration at RVCE highlighted women's achievements, inspiring students to pursue excellence. The event emphasized gender equality, recognizing faculty and staff contributions. Inspirational stories motivated young girls, while laptop bags were distributed to high-achieving rural students, encouraging academic success. RVCE reaffirmed its commitment to inclusivity, offering mentorship and scholarships for female students. Strengthening community engagement, the event fostered collaboration between academia and industry. It promoted lifelong learning, leadership, and perseverance among students. The celebration successfully created an empowering atmosphere, reinforcing the importance of education, recognition, and support for women in engineering and technology.

#### The report was written by

#### Dr. M. Krishna,

Dean of Continuing Education and Skill Development, and Head of NAAC Criterion 7-Institutional Values and Best Practices. This program falls under "Gender Equity & Sensitization."

**Dr. N Shamukaha** Member Secretary IQAC RVCE **Dr. K N Subramanya** Chairman, IQAC, RVCE